



Israel Trip - Summer packing list **June - September**

(Note: April/May and October/November can also get hot)

Summer weather in Israel:

Depending on where you are, summer temperatures in Israel can range from pleasant to extremely hot, with plenty of variability between day and night. The bottom line is that you should expect hot temperatures most of the time but be prepared for temperatures that might fall in the evening. The sun is hotter and stronger than you may be used to, so please make sure you pack adequate sun protection (hat, breathable long-sleeved shirts, sunblock, etc.)

Typical summer weather by region:

Jerusalem - very dry and hot during the day; evening temps comfortable to cool

North - pleasant to hot during the day; evening temps pleasant to cool

Tel Aviv - hot and humid, but more comfortable at the beach; evening still humid and warm

Eilat and Desert - VERY HOT and very dry; evenings stay hot and dry.

General Notes: Every day that you're touring, you should plan to dress comfortably. Comfortable walking shoes are a must. Tours will proceed in all weather (though some changes to your itinerary may be required in case of site closures due to extreme weather conditions).





Packing Suggestions/Checklist:

- Comfortable/versatile short-sleeved shirts and shorts for the entire trip
- 1 pair of long pants and a sweater or sweatshirt for evenings
- 1 - 2 long-sleeved shirts
- 1 - 2 bathing suits
- Modest dress for Shabbat or to visit religious sites
- Women/girls: below-knee length skirt and below-elbow length top
- Suggestion for women/girls: bring a pull-on skirt and cardigan to throw on over your clothes
- Men/boys: button-down shirt (short sleeves ok) and long pants (khakis are fine, but not jeans)
- 1 beach towel (for swimming when you're not at a hotel)
- Underwear and socks for the entire trip
- Hat – your welcome pack will include a baseball-style hat
- Comfortable sneakers or walking shoes; plus 1 pair of water shoes (Crocs are fine; flip-flops aren't)
- Toiletries for everyday use (hotels typically provide shampoo/conditioner/soap)
- Sunblock (minimum 30 SPF – very important!)
- Over-the-counter medications: Tylenol, Ibuprofen, Imodium, etc. (most are available here under different names, but may require a prescription)
- Prescription medication (be sure to have enough for the entire length of your trip)
- If you carry an EpiPen, please bring an extra: have one to be carried by you at all times, a second one to be used (if needed) during an allergic emergency, and one spare.
- Sunglasses
- Photocopy of prescriptions for any medications.
- Light backpack for day trips
- In addition to your passport, bring along a photocopy of your passport and leave another photocopy at home, in case it gets lost or stolen.

