

ISRAEL TRIP – SUMMER PACKING LIST

Summer weather in Israel:

Temperatures in the summer can get really hot, however also can be pleasant- depending where you are:

Jerusalem- very dry and hot during the day- the evenings are pleasant and can even get cool/cold

North- is hot- evening can be pleasant

Tel Aviv- Humid and hot- but when on the beach- feels nice and breezy sometimes

Eilat- VERY HOT- even at night- although very dry as well.

The following is a suggested packing list.

- Short sleeve shirts and pants/shorts for the trip
- 1 Sweatpants
- 1 Sweatshirt – it can get chilly at night
- 1-2 Long-sleeve shirt
- 1-2 Bathing suit
- 1 - 2 Long skirts for Shabbat for girls
- 1 - 2 Nice blouses/tops for Shabbat
- 1- 2 Button-down shirts for Shabbat
- 1 pairs of nice khakis/slacks for Shabbat for guys
- 1 Towel (for swimming outside of Hotels)
- Underwear and socks
- Hat (very important to block sun)- we will be providing hats for you as well – if you choose not to bring
- Comfortable sneakers or walking shoes
- Water shoes (You will need them! Crocks are fine. Flip flops aren't.)

Toiletries

- Shampoo / Conditioner- all hotels have as well
- Toothbrush & toothpaste
- Deodorant
- Sunscreen (minimum 30 SPF – very important!)
- Tylenol, Ibuprofen, Imodium, etc.
- Any prescription medication

A few more suggestions that will make your trip to Israel more comfortable:

- **Cell phone** or calling card
- Tissue Packs
- Sunglasses
- Photocopy of your **passport**
- Photocopy of prescriptions of any prescription medication that you are on.
- Camera

- It is essential to leave a photocopy of your **passport** at home
- If you have severe allergies be sure to bring a few EpiPens with you – one to be carried by you, one for the medic and one spare.

PASSPORT- MOST IMPORTANT A VALID (FOR AT LEAST SIX MONTHS) !!!!!

And if you forget anything, don't panic (except your passport). You can purchase what you might need in Israel